

*Living well with*  
**Hearing Loss:**  
Strategies that will  
**Lighten Up**  
**Your Life**

**April 3, 2012**

**Guest speaker: Sam Trychin, Ph.D.**

**St. Paul's Church  
(Fellowship Hall)**

**East Avenue & Westminister Road**

**Program: 2:00 to 5:15 pm**

**Meet the Speaker reception: 5:30 pm**



Join us for an enlightening discussion about hearing loss-related communication, its challenges, and strategies for preventing or reducing communication stress, presented by Dr. Sam Trychin.

The program will include an in-depth look at the physical and psychological issues behind miscommunication and provide positive solutions for managing its emotional effects.

Sam Trychin, Ph.D., is an internationally known author, psychologist, educator, and lecturer at Penn State. A hearing aid user himself, Dr. Trychin conducts training programs, presentations and workshops for people with hearing loss, their families and the professionals who serve them.

Assistive listening system (loop) and real-time captioning provided.  
Sign language interpreting provided.  
Program and parking are free.  
(Additional parking at George Eastman House.)

**For more information: [www.hlaa-rochester-ny.org](http://www.hlaa-rochester-ny.org)**

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**Hearing Loss  
Association**

of America  
Rochester Chapter

(585) 266-7890

[hlaa.rochester@yahoo.com](mailto:hlaa.rochester@yahoo.com)  
[www.hlaa-rochester-ny.org](http://www.hlaa-rochester-ny.org)

HLAA is a 501c3 non-profit consumer based organization and is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA Rochester Chapter is a volunteer organization providing information about hearing loss and communication access.

Go to [www.hlaa-rochester-ny.org](http://www.hlaa-rochester-ny.org) and join us at our program meetings, first Tuesday of the month, St. Paul's Church, 11:00 am and 7:00 pm.